

SHRIMATI INDIRA GANDHI COLLEGE

Tiruchirappalli – 620 002

(Nationally Accredited at 'A' Grade (3rd Cycle) by NAAC)

NATIONAL SERVICE SCHEME

ANNUAL REPORT 2015 – 2016



On **18.06.2015**, 30 NSS Volunteers went to the **Rock fort Temple** to help the temple officials to count the **Hundial money**.

On **21.06.2015**, **World Yoga Day** was celebrated in our college. Ms.P.Kalavathi, Art of living centre and our college Yoga Instructor Ms.C.Gowthami were the resource persons. 40 NSS Volunteers who took part in the programme were taught many "Asanas" to keep one's body fit. Ms.P.Kalavathi told the Volunteers the importance of doing daily routine at home (domestic work) which she said is also yoga exercises.



On **04.07.2015** **General Orientation programme** was organized by the NSS Units of II year Volunteers. The forth coming Regular activities and the Special activities were discussed and the students were thus given motivation to carry out these activities.



On **11.07.2015** an awareness rally on both **‘Rain Water Harvesting’** and the necessity to wear helmet while driving a two wheeler were conducted by the NSS Units for the rural people in the five adopted villages(Perugamani, P.Palayam, P.Pazhaiyur, Sirugamani & Sirugamani Agraharam). So the Volunteers participated in the rally.

On **31.07.15** the Municipality of Trichy conducted a meeting for the NSS Units of several colleges to give awareness on the necessity of planting trees. This meeting was conducted at the collector’s office, Trichy under the guidance of the trichy district collector. The programme officers of SIGC Ms.N.Bhuvaneswari and A.Sathya attended the meeting and agreed to get 200 saplings for plantation in the adopted villages.

Ms.S.Varalakshmi, NSS Programme Officer, Assistant Professor, Department of Tamil received the Best NSS Programme Officer University Award by Dr. V. M. Muthukumar, Vice Chancellor, Bharathidasan University, Tiruchirappalli during the year 2012 – 2013 at Bharathidasan University, Tiruchirappalli on 06.08.15.



T.Lavanya, III BCA received the Best NSS Volunteers University Award by Dr. V. M. Muthukumar, Vice Chancellor, Bharathidasan University, Tiruchirappalli during the year 2013 – 2014 at Bharathidasan University, Tiruchirappalli on 06.08.15.

On **15.08.2015** the NSS Units of SIGC went to their adopted villages (Perugamani, P.Palayam, P.Pazhaiyur, Sirugamani & Sirugamani Agraharam) to celebrate the **Independence Day** with the School Children of the rural areas. Ms.Bhuvaneswari to the headmistress of the school hoisted the flag. Our NSS Volunteer gave speech about the Freedom Fighters.

On **19.08.2015**, 30 NSS Volunteers went to the **Rockfort Temple** to help the temple officials to count the **Hundial money**.



On **19.08.15** the NSS Units of Shrimati Indira Gandhi College organised an Oath taking programme on the occasion of the “**Sadbhavana Day**” 250 NSS volunteers took the oath under the Gandhi tree in the premises of the college. The Vice principal Ms.S.Vasanth, the NSS Coordinator Ms.Mythili Sekar, and 5 Nss Programme officers participated in the Oath taking programme.

On **19.08.15** the NSS Units of Shrimati Indira Gandhi College organized the **General Orientation programme** for the I Year NSS Volunteers at Vidya Seva Rathnam K.Santhanam Auditorium.



Dr.A.Lakshmi Prabha,
Department of Plant
Science, NSS Coordinator
incharge, Bharathidasan

University, Tiruchirappalli spoke about two kinds of NSS activities, Emblem and Motto of the NSS. At the end of the programme she interacts with the Volunteers and motivates them.



On **11.9.2015** the NSS units of SIGC of the Trichy Municipality jointly organized the **Dengue fever awareness programme** in our college campus (MCA Seminar Hall) M.r.P.Innacimuthu, Assistant Municipal commissioner



K.Kokila, Medical officer and
Mr.Nallusamy sanitary
Inspector (Srirangam Zone)

were the recourse persons of the day. The medical officers spoke to the volunteers and told them how to carry out this awareness programme during their visit to different areas. She also first gave a general awareness to the volunteers who are portable in the awareness programme in different areas for five days from **12.9.2015** to **16.9.2015** 180 volunteers and 5 NSS programme officers took part in the programme.



The NSS units of SIGC and the Trichy Municipality corporation jointly organized a dengue awareness programme for five days from **12.9.15 to 16.9.15**. The NSS Volunteers were grouped in five and a person from the Trichy Municipality led them with other persons from the corporation to carry out the awareness. The volunteers went door to door advocating some presentation measures to safeguard themselves from the attack of the dengue-spreading mosquitoes' things which were found to be the cause from spreading dengue fever were de-reeled and destroyed with the help of the municipal officials in the awareness programme.

On **15.9.15** the Government Law College, Trichy and the NSS cell of Bharathidasan University, Trichy jointly organized a one-day workshop on **"Free legal Aid"** for all the NSS programme officers of all colleges under the Bharathidasan University. The 5 NSS programme officers of SIGC attended the workshop.

On **30.9.15** programme officers Ms.S.Varalakshmi and Ms.N.Bhuvaneshwari went to attend a meeting at the Collector's office. They were taught as to how to apply for Voter's identity online. This was taught to our students of our college by them.

On **10.10.15** programme officers Ms.G.Umarani and Ms.S.Kannammal went to Bishop Heber College, Trichy with 15 differently challenged students for a one-day workshop. The students were told how to make use of such opportunities. They were also given CD's for various exam-oriented programmes.

On **13.10.15** a **WISH** awareness programme was organized for the students of Govt High School Yettarai. 50 NSS volunteers gave this awareness to the students by means of skits and songs.



On **15.10.15** a **Human chain** was formed in remembrance of our late president, **Dr.A.P.J.Abdul Kalam**. 80 NSS Volunteers and 5 programme. This human chain was formed in front of St. Joseph's College Trichy.



On **16.10.15** The NSS unit of SIGC Trichy conducted **Vivekananda exam** for the students of our college 900 students participated in this exam organized by **kanyakumari vivekanda Kendra**.



Ministry of Health and Youth Affairs of India conducted an **Adventure Camp** from 15.10.2015 to 24.10.2015 at Narkanda, Himachal Pradesh. Our NSS Volunteer **Ms.N.Elakya** of III B.Com attended the Adventure Camp.



On **18.12.2015** the NSS units of Shrimati Indira Gandhi college Trichy lended a helping hand to supply several things such as pen, pencil, candles matchbox , tumbler, mugs to the rain affected people of Cuddalore, Chennai and Kancheepuram districts. The things were handed over to **the Flood Relief Service Group Leader Mr. Subramanian** which inturn was taken to reach the people of the above areas.



On **07.01.2016** a rally on **Road Safety** was jointly organized by St.Joseph's College and Atlas Hospital Trichy. The rally was flagged off by the Director of **Atlas Hospital**. The rally started at **St.Joseph's College** Trichy went through by-pass road and ended at the starting point.



On **11.01.2016** the **NSS Units and the Fine Arts Club** of Shrimati Indira Gandhi College Trichy celebrated the **Pongal festival** in the College campus. The volunteers wore traditional dresses such as sari, half-sari ,dhoti. They also performed various dances which depicted the Tamil Culture and sang village folks songs thus enjoying the Pongal festival.



On **12.01.2016** the NSS cell and the Ladies hostel of the Bharathidasan University jointly organized a seminar on “**Smokeless celebration of the Bhogi Festival**”. Director Jothimani of



All India Radio was the resource person. She spoke of how one should take the message to the public and make them understand that how by burning things the air gets polluted and thus paves the way for certain diseases by causing suffocation and cough to the living beings. The next speaker Dr. Kamal gave a scientific approach to the topic by telling how

Asthma, a disease easily gets aggravated by air pollution. The polluted air thus pollutes the entire environment such as water and air. He also spoke of the pros and cons of air pollution due to burning unwanted things during the Bhogi Festival. The programme came to an end with the NSS Coordinator Dr. Lakshmi Prabha proposing the vote of thanks.

On **23.01.2016** an Oath taking awareness programme for **Voters Awareness** was organized by the NSS units of Shrimati Indira Gandhi college Trichy. 200 NSS volunteers took the oath

On **25.01.2016** 150 students and 2 programme officers took part in the rally for **Voter's awareness** conducted by Trichy Collector's office .The rally started at RC School went through the head post office and ended at St.John's vestry Hr Sec. school . The rally was flagged off by the Trichy District Collector.



On **09.02.2016** the NSS units of Shrimati Indira Gandhi College Trichy, took the initiative to supply forms to the students for applying new voter's identity card, about 500 students applied for the same.



On **12.02.2016** the NSS units of Shrimati Indira Gandhi College Trichy and Dr. Muthulakshmi Reddy women's Empowerment Study Circle jointly organized an awareness programme on the topic **"Spiritual and Moral Values"**. Dr. Sundar Gopalan Professor and head of Electronics and Communication Engineering, Amirtha Vishwa Vidyapeedam was the resource



person. He spoke about Amma Amirthas aid to the suffering mankind, during and after natural Calamities. He also spoke about the love and affection shown by her and thus initiated the volunteers to show the same affection and love as amma Amitha to every individual they come across in life.

Special Camp 2015 – 2016

The NSS Units (5) of Shrimati Indira Gandhi College Tiruchirappalli organized the inaugural function of the 7 Day Special Camp from 06.03.2016 to 12.03.2016 at Shanthi Sevai Matriculation School at 10.00 am on 06.03. The Inaugural started by 10.00 a.m. Dr. S. Vidhya Lakshmi Principal, Shrimati Indira Gandhi College, Tiruchirappalli gave the inaugural speech and delivered the Presidential address. After the inaugural the students underwent a training programme to prepare themselves for service as a team, so that they learn to involve themselves in service. They were also given a short training session about the do's and don'ts in their presence at the special camp.

The students were taught YOGA every day from 5.00 a.m. to 6.00 a.m. during the 7 Day special camp



In the Afternoon session a special lecture programme was organized for the NSS students. Mr.S.Radhakrishnan, professor, St.John Ambulance, Tiruchirappalli was the speaker of the session. He gave a special lecture about First Aid and how to prevent themselves and escape from accidents. He also created an awareness among the students and told them of its importance today. There was an interactive session to clear the doubts regarding first-Aid.



The Second Day (07.03.16) of the special camp began with the village survey. The students went from door to door taking a vivid survey. During the same queries relating to the survey of sanitation facilities, women health during menstruation, school drop outs and physically challenged were asked and recorded. At 12.30 p.m. rally on the Awareness on the Eradication of Tobacco was conducted by the NSS volunteers in the adopted villages.

In the afternoon session a special lecture programme was organized for the NSS students. Mr. S.M. Sivakumar, Family Counsellor (Women Police Station Tiruchirappalli) was the speaker. He spoke on the topic self motivation, importance of taking self decisions, and realization of one's safety especially women in today's world.



On the third day of the special camp (08.03.16) kitchen gardening and planting of saplings were the programme in the forenoon session.



At 12.30 pm a rally on the Awareness on the Abolition of Plastics and Protection of the Environment was conducted by the NSS volunteers in the adopted villages.

In the afternoon session Mrs. Catherine Arokiasamy, gave a lecture about menstrual and personal hygiene and spoke about the importance of sanitation to create awareness among the students and told them of its importance today. She told to the students about the use of napkins and the healthy way to discard them. There was an interactive session in which students took an active participation by raising many questions to clear their doubts.



On the fourth day of the special camp (09.03.16) a Free General Medical Camp was conducted for the benefit of the villagers. This was jointly organised by NSS units of Shrimati Indira Gandhi College and the Apollo Hospital, Tiruchirappalli. About 150 villagers were benefited out of which 80 people were found diabetics and 70 of them were found to be both diabetic and hypertension patients. The duration of the camp was from 10.30 am to 2.30 pm.



The Afternoon session started with an awareness programme on “Practical Banking”. Ms.Sujatha, Head of the Department of bank management, Shrimati Indira Gandhi College was the speaker. She explained to the students how to carry out various transactions in the bank by giving them a detail explanation of how to open a savings bank account, fill bank challan, demand draft (D.D),etc .She also informed them the new methods of on line banking systems and its uses.



Temple cleaning was the programme in the forenoon session of the fifth day of the special camp (10.03.16)



At 12.30 pm a rally on the Awareness Health, Public Sanitation and Personal Hygiene was conducted by the NSS volunteers in the adopted villages.



In the afternoon session Ms. Janet Rajeswari was the resource person. She spoke on the topic “Importance of organic food”. She spoke about the importance of consuming organic food and to make use of the simple natural food we get. She also cited many examples of food adulterants in the food products we get today.

On the Sixth day of the special camp (11.03.16) a special lecture programme was organized on the topic “Preparation of Natural Organic Food for the cattle and Vermi Compost”, for the benefit of the villagers. Dr. Shanthi, Assistant professor of the Department of Micro biology, Shrimati Indira Gandhi College was the speaker of the day. She explained to the public the simple methods of preparing organic food for the cattle.



In afternoon session Mr .R. Karthikeyan Associate professor, Maruthu pandiyar college , Tanjore was the resource person .He spoke on the topic “Mannam Adhu Semaiaannal”. He cited many examples from epics, Thirukural, Bible etc to make his point clear and vivid to the volunteers. He also told that One’s attitude to do and carry out things is more important because the involvement to do it

correctly follows next.

On the Seventh day 12.03.16 of the camp, games were conducted for the children of the adopted villages and prizes were distributed for the winners.



On 12.03.016 Valediction of the special camp started at 2.30 p.m. Ms A.Sathya, NSS programme officer gave the welcome address followed by the Annual Report by Ms.S.Kannammal ,. Dr.A.Lakshmi Prabha, NSS Co.ordinator i/c Bharathidasan University was the chief guest for the Valediction. She planted a sappling at the school campus at the beginning of the valediction. . Mr.Govinda Raju Director Sevai felicitated the gathering. The chief guest distributed the prizes at the end



of the function to the winners of various competitions held during the Special Camp. Ms. S.Vasanth Vice Principal and Mrs .Mythili Sekar NSS Co.ordinator of shrimati indira Gandhi college took part in the valediction at Sevai Shanthi Matriculation School.

Mrs.G. Uma Rani, NSS programme officer gave the vote of thanks. The function came to an end with the National Anthem.

On 18.03.2016 voters awareness programme was jointly organized by the department related to Election Duty and the NSS Units of Shrimati Indira Gandhi College, Trichy in the college campus. This was done to create voter awareness among the students so as to make them know about the necessity and importance of casting their votes in the forthcoming M.L.A. elections. A vow was taken by the students to cast their vote and they also signed in the banner sheet brought by the officials promising to cast their vote in the forthcoming elections. Ms. Padmavathy district election officer spoke to the students and started the programme.



On 21.03.2016 the Trichy City Corporation conducted a voter's awareness programme through the formation of human chain so as to tell the public about the importance of casting ones vote. The human chain was formed by the NSS volunteers of various colleges from Melapudur to TVS Tolgate Trichy. 100 volunteers of Shrimati Indira Gandhi College, Trichy participated in the programme.

